



North Carolina Vikings

JANUARY 2011

<http://www.northcarolinavikings.org>



Sons of Norway

Vol. 5, No. 10

NC Vikings Lodge 3-675

PRESIDENT'S MESSAGE

Godt Nytt År!

For those of you who missed it, the December Christmas Dinner was wonderful! It was wonderful watching all of the children and parents sharing in the celebration together with the Juletre and the songs! I want to give my heartfelt thanks to Kari Crenshaw for organizing the dining facilities and the singing and dancing activities, Gene Crenshaw for playing the piano for us during the celebration activities and making the dancing around the tree so special, Sandra Quammen for his reading of an old Norwegian Christmas story, Carpenter Anderson, and to the other volunteers who provided their time. We more than 45 people for the Christmas Dinner and all of them were treated to special Norwegian tradition, especially the children who certainly enjoyed the dancing around the Juletre.

We have many great programs and meetings coming up. The January meeting will include the installation of the 2012 lodge officers and mini-celebration for Sons of Norway's 100th anniversary. Also, since we are having guests for the installation ceremony (our District 3 President, Ralph Peterson will lead the installation procedures), Kari asks that as many as possible bring food "goodies" to share. It would also be appropriate for the members to wear their bunads for the installation since I am sure that our visitors will be all decked out in their finest.

Lodge Officers
2011-2012

President
Mike Tilder
mmtilder@bellsouth.net
(919) 460-9214

Vice President and Secretary
Norman Miller
storminnrmiller@aol.com
(919) 554-0747

Treasurer
Kjell Ottesen
innorsk@hotmail.com
(919) 848-9152

Cultural Director
Open – we're looking for someone to fill this position

Social Director
Kari Crenshaw
karicren@yahoo.com
(919) 781-0302

Membership Secretary
Frank Bell
fbell@nc.rr.com
(919) 787-7063

Newsletter Editor
Cory Quammen
cquammen@gmail.com
(919) 308-1306

Please share your commitment and presence at these meetings as you are what make the North Carolina Vikings Lodge! Never forget to promote the Sons of Norway membership to friends and associates. Involvement in the lodge will certainly be worthwhile for you and your families but it is truly all about what "we make of it for us and each other".

Mike Tilder, President
North Carolina Vikings Lodge 3-675

UPCOMING VIKINGS LODGE EVENTS

Lodge Meetings are held at 7PM in Underwood Hall at Good Shepherd Lutheran Church, 7000 Creedmoor Road, Raleigh, NC 27613.

| | |
|------------------------------------|--|
| January 26th, 2012 | Lodge Officer Installation |
| February 23rd, 2012 | 1 lb. Auction |
| March 22nd, 2012 | TBD |
| April 26th, 2012 | TBD |
| May 19th, 2012 | Syttende Mai Celebration with Friends of Scandinavia |
| June 28th, 2012 | TBD |

GRATULERER MED DAGEN!

January Birthdays

| | | | |
|------|--------------|------|---------------|
| 1/1 | Karin Mede | 1/24 | Jason Moan |
| 1/2 | Don Kloe | 1/27 | Karl Erickson |
| 1/9 | Audun Runde | 1/28 | Jo Ann Hoff |
| 1/9 | Erik Wik | 1/31 | Ann Myhre |
| 1/23 | Cory Quammen | | |



DISTRICT 3 BOARD MEETING MINUTES

Mike Tilder and Norm Miller have copies of the minutes from the fall District 3 and 3D Ltd. Board meetings held Oct. 29/30 at Land of the Vikings. The District board minutes are approximately 70 pages and the 3D Ltd minutes are about six pages. If you are interested in receiving a copy, please contact Mike or Norm.

TROMSØ RATED TOP CRUISE DESTINATION

Bestselling travel guidebook series, Frommer's, just rated Tromsø as the top cruise destination for 2012. What makes Tromsø such a popular cruise stop? Guidebook author of "Frommer's orway," Roger Norum, calls Northern Norway a "winter (and fall, and summer, and spring) wonderland." Norum also points out that wildlife is abundant in the coastal area, with cliffs full of nesting puffins, kittiwakes and cormorants. Tromsø is also one of the best locations for viewing stunning light phenomena. "Winters in Tromsø see the magical blue season, when an iridescent cobalt blue hue engulfs everything; summers offer 24 hours of midnight sun. The remaining seasons are ideal for experiencing the Northern lights: scientists have determined this year will offer the best conditions in half a century for viewing these stunning natural phenomena," said Norum. For more on beautiful Tromsø, visit www.visittromso.no/en/ or to check out many other great Nordic destinations, visit www.frommers.com/destinations/norway/

FRIZEN'S FINANCIAL FINDINGS!

Life Insurance Isn't Just the Young!



I hear it all the time... "I'm too old to need Life Insurance!" To those of you, who have thought this before; let me give you just a few things to consider.

1. Do you have a desire to pass on money to your children?

What are your choices? CD's, Savings Accounts, Mutual Funds, other investments or life insurance perhaps? What sets life insurance apart? First by transferring certain investment money into a life insurance certificate, depending on your age, you'll pass on at least a third or more dollars to your children than with the other options. Secondly, the best part is that this money would transfer tax free. Transferring other investment options can have tax consequences to your children.

2. Have you lost money in the stock market?

If so, how are you going to rebuild the value of your assets? What would happen to your loved ones if you should pass before your catch-up plan has had time to be completed? In the short term, life insurance can make up the difference between what you had and what your family would need to manage financially in your absence.

3. Are you interested in helping your grandchildren with college?

Let's say you have 2 grandchildren and want to provide \$25,000 for each of their college funds. You have a plan to save a little each month and put in their college fund, but what if you pass prematurely? Who will finish your plan? If you had a life insurance policy for \$50,000 and you should pass before your savings plan was complete then the money would be there! What a legacy from Grandma and Grandpa!!

4. How will your spouse replace your Social Security income?

This is a classic problem of what can happen when a spouse loses a loved one. They can lose one-third to one half of their monthly income. A well thought out life insurance policy can not only take care of final expenses but replace income for as many years as you desire.

One of the best things that we do for our members is a free financial review. This is where we can talk about your needs and desires and I can go to work to match up the perfect plan for you. Give me a call and we can take a few minutes to find the best financial products the Sons of Norway has created just for you.

Bruce Frizen
Sons of Norway
Financial Benefits Counselor
704-243-6369 Office
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LUTEFISK DINNER RESERVATIONS

Karin Mede has asked that if you are interested in attending the Friends of Scandinavia Lutefisk dinner, please print this page, fill it out, and mail it to her.

Lutefisk Dinner Date: 6:15PM, January 21, 2012

Reservation Deadline: January 14, 2012

Please make the following dinner reservations:

| Number | Cost |
|--|-------|
| _____ Adult non-member(s) @ \$11.00 per person | _____ |
| _____ Children ages 6 to 11 @ \$3.00 per child | _____ |
| _____ Children, ages 5 and under are free | _____ |
| _____ Total | _____ |

Make out a check to FOS for the total amount.

List the names of all the members of your party below. (Our planners need the names for name tags and the seating plan.) Send to: Karin Mede, 1316 Weidmann Dr., Raleigh, NC 27614.

As in previous years, the lutefisk, sauces, whipped potatoes, meatballs, gravy, and butter will be provided by FOS. We ask each family or single person coming to bring a side dish to share. Please choose from the following: vegetable, salad or dessert. Remember to bring serving utensils with your dishes and be sure the dishes and utensils are marked for identification.

The event will be held at St. Giles Presbyterian Church's Fellowship Hall which is located at 5101 Oak Park Road , Raleigh, NC 27613; which is just off of Glenwood Ave. between Creedmoor Road & Millbrook Road.



The Sons of Norway booth at the Scandinavian Christmas Fair on December 3rd, 2011. Items for sale included Freia Milk Chocolate, goat cheese, Saft, and potato lefse.

MESSAGE FROM THE DISTRICT 3 PRESIDENT

Fra Presidenten Ralph Peterson –

I am hoping that you have had a great Christmas and are looking forward to a great and healthy New Year. Perhaps you even had a “white” Christmas. In Virginia, it doesn't look like we will see that, at least in Virginia Beach, but we have a few days to go. Last year we had 13 inches on Christmas day.



The great thing about 1 January is most of us get to start fresh. We have new budgets, new goals have been set, new officers with fresh ideas are taking over and it truly is a time for a new beginning. It's time for District 3 members to step up and make a difference. Let's have **each of us** sign up just **one** new member. That is not that difficult. (We do want Kent Larson to keep signing up the double digit numbers he produces each year, not just one new member). If nothing else give someone a gift membership. Let's keep in touch with all our members. Perhaps some of them need some help but they don't like to ask for it so let's help them out. We are after all, first and foremost a fraternal organization. If you are a lodge officer why don't you check out the leadership manual and read the job description for the office you hold. Even if you have held the office for a while you may learn something new and if you are new to the job then this is where you want to start.

The Convention and Centennial planning is picking up speed. A section on the web site has been set up for convention business and is updated frequently. <http://www.3dsofn.org/convention/index.html>. The apparel sales are doing very well. The committee is trying to sell as much as possible prior to the convention so we don't

end up with a huge inventory at the convention. The variety of items is excellent and so is the quality. Check it out. <http://3dsofn.org/convention/merchandise.html>

The use of the “constant contact” emails seems to be working very well and is proving to be a useful tool. If you haven't been receiving these emails it probably is because your email is not listed with the SON or you may have changed addresses but didn't update your personal information. You can update your information on line or call headquarters 800 945 8851 and ask for membership. They will take care of it for you.

There will be several lodge officer installations occurring over the next couple of months. Please make sure that your lodge's installation information gets on our web sites event list. Plan a visit to another lodge for their installation.

The web site continues to do well. We have averaged over 246 visitors a day during the past 3 months. During a recent 9 day period we averaged 304 visitors a day. We need your help in keeping the site current. That information should be both about what is going to happen and what has happened.

We had a real surge in cultural activities last year. I was very impressed with all the lodges working on cultural skill medals in reading Norwegian and Norwegian American authors. The last edition of the North Carolina Newsletter had a great article about Norwegian authors and books. I have asked their President if he would please post it on our blog <http://www.3dsofn.org/blog>, so keep an eye out for it. There has also been a series of genealogy workshops up and down the coast. Our District Cultural Director and the LOV marketing manager are working to get additional cultural workshops at LOV. If you have any ideas on that, contact them.

As I start down the last few months as your President I can truly say time has flown, it has always been exciting and most of the time fun. We have managed to accomplish several things over the past 3.5 years but we have a few pieces of business left to accomplish prior to 23 June 2012 so I may be calling on you for help.

Let's start planning to have at least 53 lodges at the convention and fill up the hotel. I already have made my reservations; it's time for you to do the same. http://3dsofn.org/convention/hotel_info.html.

Fraternally,

Ralph Peterson
President
District Three
Sons of Norway