



North Carolina Vikings

November 2009

<http://www.northcarolinavikings.org>



Sons of Norway

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NC Vikings Lodge 3-675

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2009-2010

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President's Message

We had another great meeting in October – our lodge’s Sons of Norway financial benefits counselor, Bruce Frizen, gave us an overview of SoN financial offers and Martha Arnum made a presentation on **SØLJE** (Norwegian jewelry) which included a lively discussion with other members, followed by the social hour that included a wonderful selection of food items. My warmest thanks to Kari Crenshaw, Martha Arnum, Bruce Frizen and the other participating lodge members who made the night so enjoyable.

I also want to thank Kari, Signe and the other three lodge members who met on November 5th to make julekurv (Norwegian Christmas baskets). These items will be sold at the Scandinavian Christmas Fair on Saturday, December 5th. We are looking for volunteers to assist in the lodge’s booth that day – so if you are interested, please send me an e-mail (mmtilder@bellsouth.net) or call me (919-460-9214).

A reminder about our November lodge meeting – Don Kloe and Signe Marwede will discuss Sluppen Restauration (referred to as the Norwegian Mayflower). Also, start thinking about our Christmas dinner event on December 17th – more information to follow.

I am still looking for people to participate in a genealogy workshop (tentative plans are now for 1st Quarter 2010). I only have a few people who have signed up and need an additional 10 people to justify the expense of outside workshop leaders. Please send me an e-mail (mmtilder@bellsouth.net) or call me (919-460-9214).

We will have lodge officers elections in January and the nomination committee is looking for candidates. If you have any interest in serving in a specific lodge officer position, please contact either Norm Miller (919-787-7063) or me (919-460-9214). Please help us help you by being active participants in our lodge’s activities and promote the Sons of Norway membership to friends and associates. Involvement in the lodge will certainly be worthwhile for you and your families but it is truly all about what “we make of it for us and each other”.

Takk!

Mike Tilder
President, North Carolina Vikings Lodge 3-675

Upcoming Lodge Events

As we wrap up 2009 and look forward to 2010, our lodge has a number of exciting events planned!



November 19th Lodge Meeting

Don Kloe and Signe Marwede will give a presentation on Restaurasjonen, the July 5th 1825 mass migration from Norway. The ship was the first organized group of emigrants to leave Norway seeking a better life in America. Signe will speak a bit about the events leading up to the ship's departure, and Don will follow with the amazing story of this courageous journey.

We'll follow our lodge meeting with a coffee social – please contact Kari Crenshaw if you can help out by bringing a food item to share.

December 5th – Scandinavian Christmas Fair

The North Carolina Vikings will have a booth again this year at the annual Scandinavian Christmas Fair (Holshouser Building, State Fairgrounds in Raleigh), where we'll sell the lovely Christmas baskets some of our members worked hard to make earlier this year, in addition to a selection of Norwegian food, and we need your help to make it possible! Contact Mike if you're available to volunteer to help out for an hour or two at the market. **Make sure to mark this event on your calendar!** – it's a wonderful chance to meeting others interested in Scandinavian culture from across the Triangle, do some Christmas shopping, and sample a number of Scandinavian delicacies.

December 17th Lodge Meeting

We'll be sharing a holiday meal at our last meeting of the year. Main dishes will be catered in, and members will provide side dishes and desserts to share. More information to come!

Additional Lodge Events

Genealogy workshop

Contact Mike if interested in attending a genealogy workshop during the very first part of 2010. A few people have already expressed an interest, but in order to make the workshop cost-effective, we'll need at least 10 additional members to express their interest. Contact Mike soon to let him know if you'd like to attend

Upcoming Area Events

Friends of Scandinavia Bus Trip to Charlotte, NC

November 21st, 2009

Meet at the Colonnade Center in Raleigh at 7:00 am

If you've signed up for the Friends of Scandinavia bus trip to Charlotte, make sure to mark the departure time on your calendar! If you've not yet signed up but are still interested in inquiring about the possibility of attending, contact Harry Iverson at (919) 847-0522. \$65 per person for bus rental, driver tip and breakfast; plan on bringing spending money for lunch, dinner, and any shopping you plan to do at the Billy Graham Museum and/or Ikea!

Julmarknad

December 5th, 2009

Holshouser Building, State Fairgrounds, Raleigh, NC

After volunteering to help out or stopping by our booth, make sure to check out the many other Scandinavian booths at this year's market. More information coming at lodge meetings and lodge newsletters; the event's website will also soon be updated with information for this year's fair.

<http://www.scanfair.org/>

Have you ordered your Norwegian specialties yet?

Hungry for some tasty Norwegian treats? Interested in adding your requests a wholesale order of Norwegian food products?

Chicago Importing Company sells a great variety of Norwegian products. Visit their website

[<http://www.chicagoimporting.com/index.html>]

for a catalog; Signe will also have copies of the catalog available at the June Lodge meeting.

Contact Signe (signema@nc.rr.com or (919) 453-2224) with the items that you would like to order. Once a large enough order can be put together (\$100 combined minimum), we can order products as a Lodge.

Lodge members at work!

On Thursday the 5th of November, five hard-working lodge members got together and made julekurver for the Christmas Fair (the 5th of December). Kari, Martha, MarDell and Signe had the pleasure of meeting Barbara Marshall who had come all the way from Greensboro to help us. Talk about dedication! We worked from 10am till 2pm and had an absolutely delightful morning and afternoon! The result was 80 finished julekurver! We also discovered that Kari is an excellent soup maker and baker!

These julekurver will be for sale at the Scandinavian Christmas Fair, along with a number of tasty Norwegian foods: goat cheese, fish balls, fish soup mix, Mills caviar, Vestlands lefse, Surkaal (white cabbage), and Firkloever chocolate! To make sure that the goodies this year last all day, Signe has doubled the order!

- *Signe Marwede*

From the District 3 President



The chill is definitely in the air in the Northern part of the District but it is still hot in Florida.

I attended the Leif Erikson regatta in Jensen Beach last week. It was a great event. The new accommodations were excellent and the Championship race between Gulfstream, Gateway to Florida and Lauderdale was very exciting with the onlookers on their feet for much of the race. The Gulfstream crew prevailed over the Jacksonville crew by a nose. The banquet was also great and had a big surprise for most attendees. Len Carlson, the head of agencies for SON, presented Helge Aursland with a beautiful gift in honor of Helge's 50 years of employment with the SON. I didn't think it could have been done but it was a very well kept secret and Helge was truly surprised. It was a great weekend and our thanks to the Gulfstream members who put on a great show.

By the way, if your lodge is interested in a new "Viking Ship" the Gulfstream Lodge is taking orders. They can provide a "shell" that you can finish off or they can provide the boat fully rigged. I understand that they have received two orders already. If your lodge is interested in obtaining a new boat contact Stu Richardson at vikingstu@comcast.net for more details. Perhaps our 100th anniversary bash can include a Viking Boat Race.

AnneGrete and I attended the 25th anniversary of the Eidvsold lodge in Eidvsoll, Norway. It was a wonderful 3 day celebration. International President Dan Rude and his wife Betty also attended the celebration. It was a great event and one thing that really stood out was the high percentage of lodges in District 8 that attended the event. Over 60 % of the lodges in D8 had a representative there. They came by car and plane. That is fraternalism.

We will be presenting the NORSK CARLONIA Lodge with their charter on November 21, 2009. The New Bern Lodge is moving along with 37 members. If you know of anyone in the area who would like to join that lodge have them contact the President, Art Ellision, at 252 636 7547.

More lodges are adding their events to our 3D <http://www.3dsofn.org/home.html>. On several

occasions I have heard comments like "I didn't know you were having that event". Make sure that your lodge information gets added to the events list and check out the list to see what is going on in the District. Don't miss out on the action.

We now have over 20 Financial Benefit Counselors assigned to our District with more coming. You can see a full list of the District 3 FBCs on our District web site as well as the home office site.

http://www.sofn.com/financial_products/showPage.jsp?document=index.html

Your District, along with the rest of the Order, has lost about 4% of its membership this year. If you are one of the lodges who have lost membership I would suggest it is time to find out why. Take a look at how you are attracting new members and probably more important, what are you doing to keep your present members. I have seen lodges that use their membership committees get positive results. If you don't have a membership committee in your lodge I would suggest you set one up and if you have a membership committee but are not using it, I would suggest that you start using it. Survey after survey tells us that good programs get members to meetings and keep them coming back. Let's provide our members with those good programs. Think about setting up a mentor program and get your greeters going.

Some of you have already had a fall bazaar and many more are getting ready to host one. Some will be huge events and some will be a bit modest. But these are all very important events for many of us no matter what the size. They are not only fund raisers but they are also a significant source of new members. Besides that, it's a great time for all of us to get together. Good luck in your event and don't forget to put it on the 3D website.

For the second time this year Nansen lodge has signed up 10 members in a month. Go NANSEN!!!! Great job!

Fraternally,

Ralph Peterson
President
District Three
Sons of Norway

Local Norwegian Links

Sons of Norway Links

<http://www.northcarolnavikings.org/>

Our lodge website. Check this link often for lodge announcements, newsletters, and special announcements.

<http://www.3dsofn.org/home.html>

The website of the Sons of Norway District 3. Newsletters from across the district, district happenings, etc.

Local Organizations

<http://www.ncnordic.org/>

Friends of Scandinavia, based in Raleigh. Information about monthly meetings and gathering, special trips and events.

<http://www.scandinavianconnection.org/>

Website of the Scandinavian American General Assembly (SAGA).

<http://backwoodsok.org/>

The Raleigh-based Backwoods Orienteering Klub promotes the outdoor sport of orienteering, originating in Sweden in the 19th century.

Valnes Family Lefse

This is the time of year when people from our neck of the woods (ND/MN) start thinking about making lefse as a part of their Christmas baking, so I thought I'd share my family's recipe here. You'll need a potato ricer, a lefse flipper, a lefse griddle, and a pastry board (or well-floured countertop). If you're looking to support a great, family-owned Scandinavian business, you can purchase any of the above online from Ingebretsen's in Minneapolis, MN (<http://www.ingebretsens.com/>)

- Sandra and Cory Quammen

8 cups cooked, riced potatoes
8 tablespoons butter (or margarine)
1 tablespoon salt
½ cup whipping cream
3 cups flour

1. Combine hot riced potatoes, butter, salt and whipping cream. Refrigerate overnight, covered tightly.
2. The next morning, stir in the flour. Return to the refrigerator to rest/ripen for 2 hours.
3. Roll small (ping pong/golf ball sized or smaller or larger, depending upon how large you'd like your rounds) very thin on a well-floured pastry board. Transfer from board to lefse griddle (shake off extra flour) and cook over high heat until golden brown spots appear, flipping as necessary. Cool under moistened towels. Rounds can be folded in quarters and frozen in plastic freezer bags once completely cool (if there are any left!).

Do you have an article you'd like to have published in the newsletter? Or ideas for the kinds of information you'd like to see here? Please send your articles, announcements, links, or ideas to Sandra (slvq15@gmail.com). The deadline is the end of the month for inclusion in the next month's newsletter. Thanks!