



North Carolina Vikings

September 2009

<http://www.northcarolinavikings.org>



Sons of Norway

Vol. 3, No. 1

NC Vikings Lodge 3-675

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President's Message

For those of you who missed it, we had a wonderful potluck dinner to start our September lodge meeting followed by a guest speaker, Dr. Chris Brodie, who presented a slideshow of his family's travels in Norway while he was in Norway on a Norwegian-American Fulbright "scholarship" in 2008 (his family of 4 lived in a 500 sq. ft. apartment so you can understand why they traveled so much). Afterwards, some of the lodge's members discussed some of their adventures during the summer. My warmest thanks to Kari Crenshaw, Signe Marwede, Dr. Chris Brodie, John Myhre and the other participating lodge members who made the night so enjoyable.

We also announced in the meeting that Erik Wiik was a **Hurtigruten raffle winner** – now he has the challenge to schedule the trip. Congratulations Erik!!!!!!

We have rescheduled the Craft and Café Fair to the 1st half of 2010 and are replacing it with a separate meeting in November to make craft items that we can sell at the upcoming Scandinavian Christmas Fair (December 5th). We are looking for volunteers to help us make julekurv (Norwegian Christmas baskets) and, perhaps, other items if anyone has a suggestion for other Norwegian Christmas craft items. Please let Signe or Kari know that you are available to assist them in this activity.

I am looking for people to participate in a genealogy workshop (tentative plans are for October or November). I only have a few people who have signed up and need an additional 10 people to justify the expense of outside workshop leaders. Please send me an e-mail (mmtilder@bellsouth.net) or call me (919-460-9214).

Just a reminder about our October lodge meeting – Martha Arnum will discuss *SØLJE* (Norwegian jewelry) and Bruce Frizen, our lodge's Sons of Norway District 3 Financial Benefits Advisor, will be a guest speaker. He will give us a brief overview of SoN financial offerings.

We have a great program of events for the remainder of the year and much more to tell you about in the following pages of the newsletter. Please help us help you by being active participants in our lodge's activities and promote the Sons of Norway membership to friends and associates. Involvement in the lodge will certainly be worthwhile for you and your families but it is truly all about what "we make of it for us and each other". I know y'all are

busy folk, as am I, but I believe that it is important that we all share in the heritage and culture of the wonderful country Norway.

Takk!

Mike Tilder – President, North Carolina Vikings Lodge 3-675

Upcoming Lodge Events

We've updated our lodge calendar for the remainder of the year – check out the events we've got planned!

October 15th Lodge Meeting

Martha Arnum will give a presentation on *sølje* bunad jewelry. We'll also welcome Bruce Frizen, the new Sons of Norway District 3 financial benefits counselor.



We'll follow our lodge meeting with a coffee social – please contact Kari Crenshaw if you can help out by bringing a food item to share.



November 19th Lodge Meeting

Don Kloe and Signe Marwede will give a presentation on Restorasjonen, the July 5th 1825 mass migration from Norway. A coffee social will follow – contact Kari Crenshaw if you can bring a food item to share.

December 17th Lodge Meeting

We'll be sharing a holiday meal at our last meeting of the year. Main dishes will be catered in, and members will provide side dishes and desserts to share. More information to come!

Additional Lodge Events

November craft meeting



Those of us who attended last November's meeting remember assembling red and white felt heart baskets for the Julemarknad – crafty fun was had by all! This year, we'll be organizing a separate meeting to make these baskets, as well as any other Norwegian crafts members would like to teach us. If interested attending a November crafting get-together, please contact Signe or Kari to express your interest!

Genealogy workshop

Contact Mike if interested in attending a genealogy workshop sometime before the holidays. This workshop can only be held if enough of us plan to attend, so make sure to let Mike know of your interest soon!

Upcoming Area Events

Scandinavian Breakfast

October 17th, 8:30-11:00 am

St. Giles Presbyterian Church, 5101 Oak Park Road, Raleigh

Hosted by the **Friends of Scandinavia**, this event is a great opportunity to enjoy tasty Scandinavian treats with friends. For more information, see the Friends of Scandinavia website, <http://www.ncnordic.org>

Rosemaling workshops at Land of the Vikings (LOV)

October 21st-October 25th, 2009

November 1st-Nov 7th, 2009

457 Big Valley Road, Susquehanna, PA 18847

Two different week-long workshops taught by gold medal rosemaler, Eldrid Arntzen. For more information, see the Land of the Vikings website, <http://lov.3dsfn.org/>

ScanFest of the Carolinas 2009

November 7th, 10:00am – 5:00 pm

Wachovia Atrium, 301 South Tryon Street, Charlotte, NC

This day-long celebration of all things Scandinavian brings cultural and country exhibits, games and activities for kids, folk music and dance, and authentic food to Uptown Charlotte for the 6th installment of this annual tradition. Admission is \$5.00 for families and \$2.00 for children. For more information, including directions, lodging information, and more info about **SAGA**, the organization presenting ScanFest, see SAGA's website, <http://www.scandinavianconnection.org/>

Julmarknad

December 5th, 2009

State Fairgrounds, Raleigh, NC

Our lodge will have a booth at this year's Julmarknad in Raleigh, but a number of other area Scandinavian groups will be selling gifts, crafts and food, and hosting cultural booths as well. Volunteer at our lodge's booth, and then attend the rest of the Julmarknad. More information coming at lodge meetings and lodge newsletters; the event's website will also soon be updated with information for this year's fair.

<http://www.scanfair.org/sponsor-info.htm>

Have you ordered your Norwegian specialties yet?

Hungry for some tasty Norwegian treats? Interested in adding your requests a wholesale order of Norwegian food products?

Chicago Importing Company sells a great variety of Norwegian products. Visit their website

[<http://www.chicagoimporting.com/index.html>]

for a catalog; Signe will also have copies of the catalog available at the June Lodge meeting.

Contact Signe (signema@nc.rr.com or (919) 453-2224) with the items that you would like to order. Once a large enough order can be put together (\$100 combined minimum), we can order products as a Lodge.

Recruit new members – and enter to win the trip of a lifetime!



Do you have friends, neighbors or relatives who are interested in Norwegian heritage and culture?

Would you like to have the chance to win a **10-day, Norwegian cruise for two?**

Sons of Norway and Borton Overseas are teaming up to present the Sons of Norway Norwegian Experience Membership Recruitment contest! Simply recruit a dues-paying new member and have the new member provide your name and membership number on their application form. **New member applications must be received by December 31st, 2009 to be eligible.**

There's no maximum to the number of entries allowed, so the more new members you recruit, the better your chances of winning!

See the Sons of Norway website for complete details!

http://www.sofn.com/highlight/Norwegian_Experience.html

From the District 3 President



Kjære Venner,

This is the first time in a long time that I have written a letter to SON members while I am in Norway. It is 6:30 AM and the sun is coming up. I am sitting in "min svigerinne søster kjøkken" looking at a cow pasture on my right. The sheep and cows will be showing up shortly and the center of Oslo is only 20 minutes away.

I just read the Hartford lodge newsletter and they included a copy of their bylaws in this edition. I think that publishing your bylaws on a set schedule is a great idea.

Many lodges are offering their members an online copy of their newsletter. It saves a lot of money and time. Not all members have access to the internet, but for many, it is a great option. I receive many of your newsletters and I am happy to receive your electronic editions.

I received several newsletters this week that contained information about upcoming bazaars. Please make sure your event is listed on the District Website www.sofn3D.org.

The results of the District bowling tournament are now posted on the web site (10 teams competed) as well as pictures from the Maine Nordmenn Hummer Fest. The lobsters were terrific.

This past month we tried to reach many of our members by email. At least 5-10% of the emails were undeliverable. If you didn't get an email stating that the September D3 newsletter had been posted we probably didn't have an email listing for you or it was listed incorrectly in the SON data base. If you were one of those people please go on line to www.sofn.com, update your information or call headquarters and have it done.

Many of our lodges are putting a slate of candidates together for a fall election. This is a most important process. Please say yes if you are asked to run for an office.

The number of Financial Benefit counselors in D3 continues to grow. My last count was 19 FBC's assigned to the District with more coming. This is great news.

Our membership numbers so far this year are in step with the rest of the order, not good. But this is the time of the year when we add members. Let's not only add members but take action to keep those that we have. In the September Viking, International President Rude points out some of the challenges we face and the opportunities we have as our lodges move forward. In my opinion, the opportunities are greater than the challenges. For those of you with internet access please check out the SON web site

www.sonsofnorway.com/retention. The section contains a lot of good information that should be discussed and disseminated at your lodge and board meetings.

Our new lodge at New Bern is only 6 members away from the magic number of 40. Let's see if we can't help them along.

The winners of the Hurtigruten raffle are listed on the web site. We had winners from North Carolina and Maine. Congratulations and thanks to all of you who participated in this important fund raiser. Special thanks to Kris Rasmussen and Rolf Ekloff who worked so hard to make the raffle work. Look for more news about a District 3 July 2010 Hurtigruten trip.

Med Vennlig Hilsen

Ralph Peterson
President District 3
Sons of Norway

Local Norwegian Links

Sons of Norway Links

<http://www.northcarolinavikings.org/>

Our lodge website. Check this link often for lodge announcements, newsletters, and special announcements.

<http://www.3dsofn.org/home.html>

The website of the Sons of Norway District 3. Newsletters from across the district, district happenings, etc.

Local Organizations

<http://www.ncnordic.org/>

Friends of Scandinavia, based in Raleigh. Information about monthly meetings and gathering, special trips and events.

<http://www.scandinavianconnection.org/>

Website of the Scandinavian American General Assembly (SAGA).

<http://backwoodsok.org/>

The Raleigh-based Backwoods Orienteering Klub promotes the outdoor sport of orienteering, originating in Sweden in the 19th century.

Veiled Farm Girls (Tilslørte bondepiker)

from Andreas Viestad's *Kitchen of Light: New Scandinavian Cooking*. A simple dessert recipe to take advantage of the season's apples.

1 ½ c bread crumbs
3 tablespoons superfine sugar
2 teaspoons ground cinnamon
2 tablespoons unsalted butter
1 ½ c heavy (whipping) cream
1 ½ c unsweetened applesauce, chilled
½ c chopped hazelnuts

1. In a nonstick skillet, combine the breadcrumbs, sugar, cinnamon, and butter. Stirring constantly with a heatproof spatula or wooden spoon, heat over medium heat until the crumbs are uniformly golden. Remove from heat.
2. In a large bowl, whip the cream until stiff.
3. Layer the applesauce, breadcrumbs and cream in individual glass bowls or glasses (at least two layers of each). The top layer should always be whipped cream, "veiling" the dish. Sprinkle with the chopped nuts and serve.

Do you have an article you'd like to have published in the newsletter? Or ideas for the kinds of information you'd like to see here? Please send your articles, announcements, links, or ideas to Sandra (slvq15@gmail.com). The deadline is the end of the month for inclusion in the next month's newsletter. Thanks!