



# North Carolina Vikings

## September 2009

<http://www.northcarolinavikings.org>



Sons of Norway

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NC Vikings Lodge 3-675

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2009-2010

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*President's Message*

Summer fun over, time to get to it! It has been a busy summer! Hope that all of you and yours have enjoyed it as much as we have. The June Midsommer event with the Friends of Scandinavia was wonderful. Many good people we are getting to know even more. Good turnout and we had great fun!

We have a new Sons of Norway District 3 Financial Advisor, Bruce Frizen, who will have responsibility for the Raleigh, Charlotte and Myrtle Beach lodges. It is great we have someone close by (he lives outside of Charlotte). We will hear more from Bruce at our October lodge meeting.

We need people to sign up for the October Craft and Café Fair! We are looking for volunteers to coordinate the three activities – craft, café & treasures of the attic, as well as someone to work out publicity for the event (primarily to notify churches, etc. of the event). Call me now at (919) 460-9214 to sign up.

We have a great program of events for the remainder of the year and much more to tell you about in the following pages of the newsletter. Please help us help you by being active participants in our lodge's activities and promote the Sons of Norway membership to friends and associates. Involvement in the lodge will certainly be worthwhile for you and your families but it is truly all about what "we make of it for us and each other". I know y'all are busy folk, as I am, but I believe that it is important that we all share in the heritage and culture of the wonderful country Norway.

Takk!

*Mike Tilder*

President, North Carolina Vikings Lodge 3-675

### Upcoming Lodge Events

A number of Lodge members have been hard at work over the summer putting together a great line-up of Fall Lodge meetings and special events! All meetings and events will be held at the Good Shepherd Lutheran Church, 7000 Creedmoor Road in Raleigh.

#### **September 17<sup>th</sup> Lodge Meeting**

We'll kick off this fall's meetings with a presentation from Chris Brodie, who has just returned from a year in Norway as a Fulbright grant recipient. We'll also look forward to hearing *your* stories of interesting/unique memories from your summer. A laptop and digital projector will be available for displaying photos.

Members are asked to bring a dish to share for a potluck supper. Food assignments are as follows, for last names beginning with:

- A-I: side dish or dessert
- J-R: main dish
- S-Z: appetizer

#### **October 15<sup>th</sup> Lodge Meeting**

Martha Arnum will give a presentation on *sølje* bunad jewelry. We'll also welcome Bruce Frizen, the new Sons of Norway District 3 financial benefits counselor.



We'll follow our lodge meeting with a coffee social – please contact Kari Crenshaw if you can help out by bringing a food item to share.

#### **North Carolina Vikings Craft and Café Fair (October, date TBD)**

See the President's Message for more information about this event. Contact Mike if you can help, either by providing craft, food, or garage sale items to sell or volunteering



#### **November 19<sup>th</sup> Lodge Meeting**

Don Kloe and Signe Marwede will give a presentation on Restaurasjonen, the July 5th 1825 mass migration from Norway. A coffee social will follow – contact Kari Crenshaw if you can bring a food item to share.

- *Signe Marwede and Don Kloe*

Watch upcoming issues of the newsletter for information about more upcoming events, including a genealogy session and plans for the Julemarknad and a catered Christmas dinner!

*Upcoming Area Events*

**International Festival of Raleigh**

October 2<sup>nd</sup>-4<sup>th</sup>, Raleigh Convention Center

Cultural presentations, informational booths, and an international café from a wide variety of countries. Be sure to check out the **Friends of Scandinavia** booth at the festival!

**Scandinavian Breakfast**

October 17<sup>th</sup>, 8:30-11:00 am

St. Giles Presbyterian Church, 5101 Oak Park Road, Raleigh

Hosted by the **Friends of Scandinavia**, this event is a great opportunity to enjoy tasty Scandinavian treats with friends. For more information, see the Friends of Scandinavia website, <http://www.ncnordic.org>.

**Scrapbooking Workshop at Land of the Vikings (Susquehanna, PA)**

September 25-27, 2009

<http://www.llund.com/lov/lov.htm> or <http://lov.3dsofn.org/>

This is a wonderful opportunity to get together and to have fun for the novice as well as the experienced scrapper.



Pull out those boxes and prepare to have a blast! There is no cost for the scrapbooking lessons or help; all that is needed is that you reserve your room at the Land of the Vikings.

Call LOV at 570-461-3500 to make your reservations. For questions about the workshop, or advice for the novice scrapper on what supplies to bring, contact Doris Beck at [dlb1716@verizon.net](mailto:dlb1716@verizon.net) or (215) 542-7374.

*Have you ordered your Norwegian specialties yet?*

Hungry for some tasty Norwegian treats? Interested in adding your requests a wholesale order of Norwegian food products?

Chicago Importing Company sells a great variety of Norwegian products. Visit their website [<http://www.chicagoimporting.com/index.html>] for a catalog; Signe will also have copies of the catalog available at the June Lodge meeting.

Contact Signe ([signema@nc.rr.com](mailto:signema@nc.rr.com) or (919) 453-2224) with the items that you would like to order. Once a large enough order can be put together (\$100 combined minimum), we can order products as a Lodge.

More Norwegian Sayings

Those of us who attended the June 2009 lodge meeting remember Don and Signe's informative and entertaining presentation of Norwegian sayings. Martha Arnum has collected a few more:

*Det hender aldri som aldri har hendt.*

→ "It never happens, that which has never happened.

*Den som ikke spør, blir ikke visere enn han var før.*

→ "The one who never questions does not become any wiser than he was before.

*En skal se ut når gamle hunder gjør.*

→ "One should beware when old dogs bark."

*Det er for sent å bite når tennene er borte.*

→ "It is too late to bite when the teeth are gone."

*Det vert ikkje all hestar selde og ikkje alle jenter gifte.*

→ "Not all horses are sold, and not all girls are married!"

*'Makta rår' sa kjerringa, ho kasta ut katta.*

→ " 'Strength rules', said the woman, she threw the cat out!"

*Der er håp i henjane snøre.*

→ "There is hope in a hanging line."

*Den som følgjer elva, kjem ein gong til sjøen.*

→ "The one who follows the river, comes eventually to the sea."

*Alle ting lyt hende, før Verdi tek ende.*

→ "All things must happen before the world ends."

*Do you have an article you'd like to have published in the newsletter? Or ideas for the kinds of information you'd like to see here? Please send your articles, announcements, links, or ideas to Sandra (slvq15@gmail.com). The deadline is the end of the month for inclusion in the next month's newsletter. Thanks!*

*Tante Margit's Hassel Nott Kake*

(Aunt Margit's hazelnut cake), from *Ekte Nork Mat* by Astrid Karlsen Scott

3 cups ground hazelnuts  
3 eggs  
1 ½ cups confectioner's sugar  
1 tsp baking powder

Beat together eggs and sugar. Add baking powder and nuts. Butter well a 9 or 10" springform pan. Put batter in pan and bake ¾ hour in 325-degree oven. Can be used plain, or filled with whipped cream, or a combination of fruit and whipped cream.

- *Martha Arnum*

*Sons of Norway Prizes!*

**Recruit new members – and enter to win the trip of a lifetime!**



Do you have friends, neighbors or relatives who are interested in Norwegian heritage and culture?

Would you like to have the chance to win a **10-day, Norwegian cruise for two?**

Sons of Norway and Borton Overseas are teaming up to present the Sons of Norway Norwegian Experience Membership Recruitment contest! Simply recruit a dues-paying new member and have the new member provide your name and membership number on their application form. **New member applications must be received by December 31<sup>st</sup>, 2009 to be eligible.**

There's no maximum to the number of entries allowed, so the more new members you recruit, the better your chances of winning!

See the Sons of Norway website for complete details!

[http://www.sofn.com/highlight/Norwegian\\_Experience.html](http://www.sofn.com/highlight/Norwegian_Experience.html)

*From the District 3 President*



Kjære Venner,

Well time does fly. I can't believe that summer has come and gone. When I was attending grade school, summer just shot by. When

I was a parent with children in school, summer was very long and now, well I must be getting younger because summer has again shot by.

My congratulations and thanks to Maine Nordmenn for hosting their Hummer Fest and a special thanks to Charlie and Sally Abrahamson for their efforts in hosting the event. There were 16 lodges represented in Maine to help put away the 150 lobsters that were available. It was a great event and it was fraternalism at its best. Put it on your schedule for next year.

There were a lot of great events in D3 this summer and more are scheduled for this fall. We have regattas, anniversaries, bazaars, special meetings, cultural events and more coming up. Check out the District web site to see what is scheduled.

<http://www.3dsofn.org/eventscalendar>

Remember to post your events on the web site and send your event pictures in to be posted on the web.

Hats are off to the **Nansen** Lodge for a great membership month in June. They signed up **10** new members. That is a great membership month anytime and for June, that is a real accomplishment. Keep it up!!!! There was a great story about Gateway to Florida in the last Viking. Please read it if you haven't done so already. I can't say enough good things about that active lodge and

its leaders. We will be putting the status of our District 2009 goals onto the web site. One goal where we are ahead of schedule is in signing up new benefits members. Our goal was to sign up 75 new members and as of July 31 we had 42 new benefit members. If we keep up our pace we will exceed this goal. This goal is being helped because of the additional Financial Benefits Counselors that have been assigned to our District. Check out the web site for full details on the goals and to get a list of our Financial Benefits Counselors click here. <http://www.sofn.com/financialapps/prepareReview.do?distFromMap=3>

Sons of Norway CEO John Lund retired on July 31. John is a long time SON member and has faithfully served the order for many years. John will be sorely missed and we wish him well in his retirement. The International Executive Board has started a search for a replacement CEO. Fraternal Director Eivind Heiberg has been named interim CEO, we wish him well in his new position and he has our unwavering support in his new role.

I have received several emails from members who sailed on the Hurtigruten's Norway Coast Cruise this summer. They were all glowing reports and 4 of our members, who will be recipients of the winning tickets from our raffle, will be making the same cruise shortly. The two winning tickets will be drawn at LOV September 5. The results will be posted on our web site <http://www.3dsofn.org> ASAP after the drawing.

As we enter the fall season we need to increase our membership efforts. The

SON is facing a decline in membership across the board. In D3 we have had fewer members joining this year than last year and we have had more **local lodge members** leave voluntarily this year than last year at this time. A bright spot in the big picture is that we have had **fewer 999** members leaving voluntarily than at this time last year. In both groups the number is still way to high. We need to be communicating more with our present members. Contact them and invite them to a meeting or a function. At the Atlanta lodge charter presentation we were introduced to a member who joined 2 years ago but had not attended a meeting. The membership committee sent him a hand written note inviting him to attend that meeting. He told me that when he received the hand written note he felt that he had to attend. He had a great time and I am sure he will be back for more meetings. Whatever it takes, we need to keep our current members in the order. Let's get our membership committees working and let's help our membership committees do their job by looking for new members and communicating with our current members. I am convinced that we can recruit enough new members to grow; we just need to keep our current members on board.

I am very pleased with the number of visitors to our new web site. We had over 65 visits a day in June and 55 in

July. The most visited pages tend to be the District and LOV events pages. In June the most visited page was the newsletter and I believe that was because we sent an email notice to Lodges 999/000 advising them that the newsletter was posted. The newsletter is normally posted the first week in the month so look for it.

I am excited about the fall and the great opportunities that we have to meet each other grow our lodges and have fun together. I am looking forward to the many great activities that we will have in District Three and I hope that you will take part in as many of these lodge functions as possible. Hopefully I can meet you at some of these functions. One event that I am really looking forward to (and it is out of the country) is the 25<sup>th</sup> anniversary of **Eidvsoll 8-9** which will be held in Eidvsoll, NO 11-13 September. Eidvsoll is at the foot of the valley that my mother's parents came from and part of AnneGrete's family came from the next valley so it will be a bit of a homecoming for both of us.

Fraternally,

*Ralph Peterson*  
President  
District Three  
Sons of Norway