



North Carolina Vikings



April / May, 2018

Sons of Norway / Vol. 11, No. 2 / NC Vikings Lodge 3-675

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President's Message

I am honored to accept the challenge of accepting the honor of President of our Lodge.

As one of the founding members of our lodge over a dozen years ago, I realize it will be very daunting to fill the shoes of our initial and perpetual lodge President, Mike Tilder. Thank you, Mike, for your lodestar guidance of our lodge and plugging any leaks in our longboat in sometimes challenging seas. I am delighted that you will be with us as our consular to keep us on course and off the bureaucratic rocks of our journey forward. Mike, in the Norwegian Parliamentary system, I may be the President, but you will be Prime Minister to our SONS Board and members.

The recent historic 2018 Olympic Metals tally by the Norwegian athletes in Seoul will be an opportunity for growth and sustainability. Specific thoughts will be given to our Board and membership between now and autumn.

I have been fortunate to be in contact with the USA Norwegian Embassy as well as various entities of the Norwegian government in Oslo (and elsewhere), and one of my goals is to get benefits to our lodge. I'm getting old, and so are my Norwegian contacts – so time is of the essence. No guarantee that anything will happen, but worth a try. I will discuss these initiatives with our Board and with "ya'll" in the near future.

I am looking forward to our mutual SONS voyage with a strong driving wind in our sail, fast helpful currents, and a great crew navigating to guide our Lodge's voyage forward with sustainability and growth.

Med Vennlig Hilsen,

Frank Bell, President
North Carolina Vikings Lodge 3-675



Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Upcoming Events / First half 2018 Lodge meetings:

May 19

11am – 1pm

Syttende Mai Celebration

Syttende Mai Celebration

Our next lodge meeting will be the Syttende Mai celebration on Saturday, May 19th at Good Shepherd Lutheran Church, 7000 Creedmoor Road, Raleigh, NC 27613. Syttende Mai is the festival of the children, so bring your children or grandchildren. Wear your bunad or something red, white and blue (Norwegian and American colors). We will gather at 10:30 am and the parade with flag bearers, children and marchers will begin at 11:00 am. A picnic will follow the parade and families are asked to bring a main dish and a salad or dessert. Single persons may bring one dish to share. The North Carolina Vikings will provide sliced ham as an entrée as well as plates, flatware and beverages.

Please let Martha Arnum (919-326-7084 / MandMArnum@aol.com), Kari Krenshaw (919-812-3326 / karicren@yahoo.com) or Chris Christiansen (919-676-3370 / jocmpc@att.net) know by Friday, May 4th if you will be attending along with the number of people in your party. We will consider cancelling the event if we do not get a significant number of responses by the end of day, May 4th.

Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Mike Tilder at 919-460-9214 to pick a month or activity you can line up for the lodge!

Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at mmtilder@twc.com or Frank Bell at fbell@nc.rr.com.

Sons of Norway Has Moved!

Sons of Norway's International Headquarters is now physically located at 11100 Bren Rd W, Minnetonka, MN, 55343. Any overnight packages should be sent to this address.

A map and directions may be found online at www.sonsofnorway.com. *Please note: Our regular mailing address and phone numbers remain the same: 1455 W Lake St, Minneapolis, MN, 55408; 800-945-8851 or 612-827-3611.

Ready, Set, Go! – Sons of Norway Recruiting



The 2018 Sons of Norway new member campaign is underway. Recruiting members will be recognized with this exclusive pin. The beautiful design celebrates Norway's mountains and Northern Lights.

March, April, May (Mars, April, Mai) Birthdays (Fødselsdager)

Frank Bell	March 2
Kari Crenshaw	March 5
Chris Christiansen	March 8
Cheryl Weathers	March 10
Ted Schmidt	March 11
Berit Blankenship	March 13
Sandra Quammen	March 15
Sandra Gaudier	March 20
Kathryn Hansen	March 23
Kjell Ottesen	March 28
Michael Tilder	April 10
Norman Miller	April 12
Lesley Riddenvold-McAdams	April 15
Sonja Striplin	April 17
Jacqueline Sheffield	April 29
Heidi Blankenship	May 5
Signe Marwede	May 30

2018 District 3 Convention

The District 3 Convention will be held on June 4-9, 2018 at the Radisson Hotel in Hauppauge, NY (Long Island). Anyone who is interested in attending as a non-delegate, please contact Chris Christiansen at jocmpc@att.net or 919-418-6670 for a non-delegate entry form. A non-delegate can attend the convention's events but cannot participate in business decisions that are made during the convention. The cost for a non-delegate package is \$275, or you can only attend the Grand Banquet for \$75.

Here's what is in store for delegates and non-delegates at the Sons of Norway District 3 Convention:

Wednesday, June 6, 2018 – The Convention will officially begin with the Third District Memorial Service which will be held at St. Marks Church (a Stave Church not too far from the convention site). We will have a school bus and carpools to take everyone from the hotel to the Church and back to the hotel.

When we arrive back at the hotel, those who have purchased either a delegate or non-delegate's package will be invited to the Presidential Reception. There will be a buffet dinner and dancing to the Norwegian music provided by D.J. Sean LeFleur.

Thursday morning, June 7, 2018, the bi-annual meeting will open and Thursday night will be a free night to enjoy the sites near the hotel. There will be information packets available of the nearby restaurants and other places of interest such as Jakes 58, the only casino in Suffolk County (minutes from the hotel).

Friday evening, June 8, 2018, following the second day of meetings, there will be a Viking Auction, the profits of which will be donated to the 3D Charitable Trust.

Saturday, June 9, 2018 we will conclude our meeting as early in the day as possible. In the afternoon, delegates and guests can enjoy visiting local places of interest. There will be more information regarding this as we get closer to the time of the Convention.

Also on Saturday, June 9, following the installation of the Offices of the Third District, the Grand Banquet will be held. Dinner and dancing to the music of the Swedish Meatballs, a 5-piece band led by Ellen Lindstrom. The banquet is included in both the delegate and non-delegate packages. Tickets for the banquet alone may be purchased for \$75 per person.

Sunday, June 10, 2018, we are hoping that everyone will join us across the street for breakfast at Applebee's. This will not be just any breakfast... you will be served by District Officers and the Convention Committee members and ALL PROFITS WILL GO TO THE CHARITABLE TRUST. Tickets for the breakfast are \$15, and can be purchased with your delegate or non-delegate package.

Hurray, It's the 17th of May!

(Used with permission from SON Newsletter Service 2018)



As the nation's most celebrated holiday, Syttende Mai honors the anniversary of the signing of the country's constitution in 1814. Over time the day and what it represents to the people of Norway has evolved greatly. Historically, May 17 stood as a day of politics involving speeches and rallies; today it is filled with national pride, festivities and tradition.

Each year, thousands of people in Norway—and around the world—take part in waving Norwegian flags, marching in city parades and professing their love of Norway. Many of today's festivities are centered on music, food, children and graduating high school students. The largest parade takes place in Oslo and consists of more than 75 schools and marching bands, and is even attended by the Royal Family.

For more facts about Syttende Mai and details on how the day is celebrated, check out the Sons of Norway blog at https://www.sofn.com/blog/2017/05/16/148/syttende_mai_10_fun_facts. Also, while you're celebrating with family, friends or your lodge, remember to take lots of photographs. The Viking magazine's District Happenings Section is the perfect place to showcase your Norwegian celebrations. For information on how to take and submit photos for consideration in the Viking magazine District Happenings Section, check out the updated Viking Photo Guide found in the Member Resources section of the website: <https://www.sofn.com/asset/wj4q66/District-Pages-Photo-Guide.pdf>.



11,000 year-old Bones Found at the Bottom of the North Sea

(Used with permission from SON Newsletter Service 2018)



Between Britain and Denmark, in the middle of the North Sea, there was a vast land mass 6,000 years ago. People lived there for thousands of years. [In the picture shown] you see a part of a human skull and a cattle bone in which a pattern has been cut. The pattern has been made by humans. The skull is dated at around 11,000 years old, while the cattle bone is around 11,500 years old.

But these bones were not found in an archaeological excavation. Both of them have been pulled from the seabed in the North Sea between Britain and Denmark by fishing boats over the past 10 years. And no one threw these bones into the North Sea at any point. It's been no more than 6,000 years since this was dry land. A dense land area of almost 750,000 square kilometers is now below sea level, and both humans and Neanderthals lived there for a long period of human history.

Doggerland

The area is called Doggerland. It was probably a fertile region, and among other things, mammoths have been found at the bottom of the North Sea. This is also not the first time human bones have been pulled up by fishing boats. In 2009, a Neanderthal skull was pulled from the bottom of the North Sea. It turned out to be more than 40,000 years old. The sea level was much lower at the time than it is now. While northern Scandinavia was covered by thick ice, about 13,000 years ago the sea level was around 60-80 meters below today's level. As the ice melted, Doggerland became slowly but surely flooded. Hence, the living area for the people who lived here also disappeared.

The Pattern

The skull is not complete, so there's not much for scientists to interpret from it. A description of the skull and cattle bone was published in the journal *Antiquity*. The researchers can't tell if this was a woman or man, but it was an individual between 22 and 45 years old. Bone analysis shows that the person probably lived mainly from food that came from farming. The animal bone comes from some kind of cattle. The most sensational thing about this leg is that someone has embellished it. Someone carved several rows of a zigzag pattern with a thin, pointed tool. There are few examples of bone art that are this old, so it's an amazing stroke of luck that this particular bone was drawn from the seabed. Dutch researchers mention a few similar discoveries from Europe: A horse jaw from Wales, moose antlers from Poland and a deer antler from France, all with similar motifs, and all dated as being between 10,000 and 12,000 years old.

There are probably many more remains from animals and humans who lived on Doggerland on the seabed in the North Sea, so there is still a lot that could emerge.

Norwegian Startup Brings Robots to the Classroom

(Used with permission from SON Newsletter Service 2018)



Norwegian startup company No Isolation is helping children and young adults around the world use robots to battle loneliness and involuntary isolation.

Founded in 2015, No Isolation's mission is simple: to be a thought leader on issues related to loneliness and find solutions for individuals living in vulnerable situations because of it. Research has proven that social isolation and loneliness among children, in particular, can lead to many lifelong physical and psychological disorders like depression and anxiety. No Isolation believes a big factor in battling this social issue is simply allowing these individuals to participate in everyday normal life.

To help in this endeavor, No Isolation created the world's first telepresence robot called AV1. Specifically developed for children and young adults unable to attend school due to long-term illnesses, AV1 allows them to participate in classes, learning environments and social settings from home, hospital bed or anywhere else they might be.

AV1 is built like an avatar and can be brought indoors and outdoors. It acts as the eyes, ears and voice of the student from inside the classroom as they watch, participate and interact through a hand-held tablet. AV1 is not only instrumental in helping these students learn in ways not possible before, but it also lets them maintain relationships with their school friends—making any return to school easier and more comfortable.

No Isolation currently helps more than 400 individuals across the globe, and has been granted the European Commission's Seal of Excellence Certificate. The company also took home awards for Best Social Tech Startup and Best Newcomer at the 2017 Nordic Startup Awards.



Message From the District 3 President, Mary Andersen



May 2018

Fra Presidente

“At last came the golden month of the wild folk-- honey-sweet May, when the birds come back, and the flowers come out, and the air is full of the sunrise scents and songs of the dawning year.” Samuel Scoville Jr., Wild Folk

 **Hurra for syttende mai!** 

There is a lot going on in May – Mother’s Day, Memorial Day, Syttende Mai; equally as important is the opportunity to get together and celebrate, and yes, the winter weather will finally break!!!

Preparations for the convention are in full gear; our Nominating Committee is doing a great job pounding the pavement searching for candidates to fill 3D Board positions; our Convention Committee is starting to see the fruits of all their labors and countless hours coming together and thanks to your efforts, we are gaining new members!! There is a buzz of energy in the District.

I was thrilled to see that 11 lodges met the 2017 Recruitment Challenge, congratulations to you all. Just like the smell of spring flowers fills the air, I smell a sense of excitement in the Third District. There is a saying that goes something like “it takes money to make money”. Well, from what I am seeing, the same is true with members. It takes members to bring in more members and you are all doing an outstanding job! Keep up the great work!

Don’t forget to ask your lodge’s Convention delegates to review the resolutions that will be discussed at the Convention. Let your delegates know your thoughts; your opinion matters!!

Jeg ønsker dere alt godt,

Mary

Remember all who serve(d) (past and present)



Thank you

Find out more about Sons of Norway!

Sons of Norway Website	https://www.sofn.com/
Facebook	http://www.facebook.com/groups/SonsofNorway/
Twitter	http://twitter.com/#!/SonsofNorway
LinkedIn	http://www.linkedin.com/company/2080826

... and here are some informative Genealogy Websites!

A comprehensive list of sites related to Norwegian-American genealogy.
<http://homepages.rootsweb.ancestry.com/~norway/>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.

<http://www.nndata.no/home/jborgos/register.htm>

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

The National Library of Norway, including Norwegian newspapers.
<http://www.nb.no>

The Norwegian Emigration and Genealogy Center
<http://www.emigrationcenter.com/index.cfm>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses.
<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Search amongst 16,000 documents from Norway during the period 1050 – 1590
http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

And here are some interesting sites related to travel to Norway / Scandinavia –

Norway's Official Site	www.Norway.org
Royal Norwegian Embassy, Washington D.C.	http://www.norway.org/embassy/washington/
Royal Norwegian Consulate General New York	http://www.norway.org/News_and_events/CG-New-York/
Norway's Travel Requirements	https://travel.state.gov/content/passports/en/country/norway.html
Hurtigruten Voyages	http://www.hurtigruten.us
Viking River Cruises	http://www.vikingrivercruises.com
Norwegian American Genealogical Center & Naseth Library	http://www.nagcni.org
Vesterheim Museum: "A Norwegian American Treasure"	http://vesterheim.org/index.php