



North Carolina Vikings



February, 2016

Sons of Norway / Vol. 9, No. 2/ NC Vikings Lodge 3-675

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President's Message

Hello All!

Even though we are a little past the start of a new year, the Board is taking the time to reflect back and plan forward. Looking back, we ended the year with a favorable bank account, new members and attendees, and a positive outlook for this year. For the start of the new year, we installed our officers for 2016, discussed the upcoming District 3 convention and had a great time socializing and, of course, enjoying the tasty food. My thanks to Norman Miller for doing an exemplary job as the installing officer. I am optimistic that we will be able to continue offering both tried and true favorite events as well as trying out some new ideas and agendas. Our lodge has made great strides since we officially became a lodge! This is all because of you – our members – a great group of people!

A reminder that the Third District Convention will be held in June in Myrtle Beach, South Carolina from June 8 – 12, 2016. This is a great opportunity for us in Zone 7 to showcase who we are! If you are interested in being a delegate, please let one of the board members know. There will be other opportunities to participate as well; more information will be forthcoming.

Our next lodge meeting will be on Saturday, March 26th from 3:00 – 5:00 PM. More information will follow.

Looking forward to seeing you!

Fraternally,

Mike Tilder

Vice President, North Carolina Vikings 3-675



Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Upcoming Events –

March 26 th	Lodge Meeting (Saturday)	3pm – 5pm
May 14 th	Syttende Mai Celebration (Saturday)	3pm – 5pm

Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Mike Tilder at 919-460-9214 to pick a month or activity you can line up for the lodge!

February Birthdays

Kaj Bern	2/08
Linnea Quammen	2/15
Greta Holtz	2/25



Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at mmtilder@twc.com.
Member Announcement

64th Third District Meeting and Convention

January 1, 2016

“Dear Valued Supporters, Old and New:

The 2016 Third District Convention Committee is proud to announce that our 64th Biennial Convention will be held only 6 months from now - June 8-12, 2016.

To make this Third District Meeting and Convention a success there needs to be a balance between business meetings and fun for everyone. With this venue and events planned we have been able to do just that. This convention is set to be affordable, enjoyable, enlightening, and all-encompassing for the delegates, non-delegates families and friends.

The Convention will be at the Marina Inn at Grande Dunes, 8121 Amalfi Place, Myrtle Beach, South Carolina 29572.

This occasion gives us the opportunity to meet old friends, celebrate making new ones and conduct the business of Sons of Norway.

The theme of this Third District Meeting and Convention is “Promote Heritage * Preserve Culture”. Needless to say, such an undertaking doesn’t just happen. For those of you who have served on committees and have tried to raise funds you know how difficult and time consuming it is.

You will be hearing more about this meeting/convention in the following months. You will be asked to support your Third District through journal ads, sponsorships, boosters and Viking auction donations.

Please consider these requests and know the organizing committee is working very hard to provide you with the best possible experience during this June Convention.

The committee thanks you in advance and looks forward to seeing you at the convention in Myrtle Beach, South Carolina.

If you have any questions you are welcome to contact any chairperson on the committee and we will get you the answer or connect you with someone who will get it for you.

Fraternally,

The 2016 Third District Convention Committee”

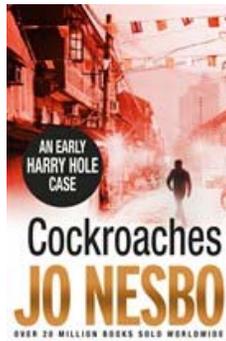
WHEN: June 8-12, 2016

WHERE: Marina Inn at Grande Dunes
8121 Amalfi Place
Myrtle Beach, SC 29572

Reservations: (877-403-7676) or (843-913-5799) (use group code SONS OF NORWAY) *For GPS please enter 1499 Grande Dunes Blvd. Myrtle Beach, SC 29572*
Google maps, mapquest, 8121 Amalfi Place, Myrtle Beach, SC 29572

“Cockroaches,” by Jo Nesbo

As Reviewed by Monique Mulligan, Write Note Reviews
<http://writenotereviews.com/2013/12/22/review-cockroaches-by-jo-nesbo/>



“I was first introduced to Jo Nesbo when the English translation of *The Bat* was released last year. I now have his latest novel *Police* on my to-read shelf, but I decided to tackle *Cockroaches*, the second in the Harry Hole series, first. Nesbo seems keen on adding an international flavour to his series (good marketing tactic?) by sending Hole to another overseas destination (the first was set in Sydney) – this time it’s Bangkok.

Following the shock murder of the Norwegian ambassador, Harry Hole is pulled from a bar and sent on a mission: find out who killed the ambassador and why. The Norwegian Government wants to keep the story out of the media for as long as possible, so Hole is instructed to work with Thai police and keep the story from becoming a scandal. What was the ambassador doing in a seedy motel room? Why doesn’t his wife seem particularly upset? As Hole starts asking questions, it becomes clear that the Ambassador’s family is hiding something, but can he get them to talk?

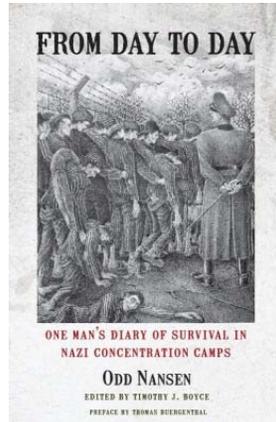
When the investigation uncovers a link to child sex abuse, things start heating up fast ... and it’s already steamy in Bangkok, with monsoonal weather, sleazy sex clubs and plenty of temptation designed to take Hole off track. Not to mention an oversized Manchurian thug, a secretive Norwegian photographer, and the realisation that the Norwegian Government had their own agenda for choosing Hole to investigate ... one they forgot to tell him about. It’s complicated.

The story is fast-paced and full of the expected twists and turns, some of which caught me by surprise. As a thriller, it’s a good read and while the plot is complicated, Hole does well enough in linking them all together. The subject matter – Thailand’s sex industry and specifically, child sex exploitation – makes for a dark, violent read that matches the depressed feel of the book overall. Lost in a fog of alcohol and horrific memories, Hole is not in a good place, yet somehow manages to stay on track, keep his senses sharp and solve the crime. The reaction of a fellow police officer as Hole ticked off the points that led to his conclusion mirrored mine ... he doesn’t miss much.

The book can be read as a standalone, but I do think readers will miss out by doing that, or by reading out of order. A number of back story elements would be lost on those with no prior experience of Hole, such as his memories of a past lover who was brutally murdered in Sydney. I’m keen to watch Hole develop over the series – at the moment, he is clearly an intelligent but damaged man who doesn’t take well to authority and seems to attract trouble. I’m not sure that I see that changing, but I’m looking forward to finding out.”

Tim Boyce Website

www.timboyce.com



Message from Tim Boyce:

"I wanted to let you know I now have a website up and running, with photos, information, dates (both historical and future events) as well as an ongoing blog. I would very much appreciate it if you could let others know about the website; it's a great way to stay up to date on the upcoming release of "From Day to Day."

Andreas Viestad, Food Writer and Chef

<http://www.pbs.org/food/chefs/andreas-viestad/>

<http://andreasviestad.no/>



Andreas Viestad is a home cook and food writer. Originally from Norway, where he has written a weekly column for the magazine section of the newspaper Dagbladet he has written a number of cookbooks. He is a food writer for the Washington Post where he has a monthly column about the science of everyday cooking.

Andreas has been the host of three seasons of [New Scandinavian Cooking](#), co-host of [Perfect Day](#). He is now in the process of shooting the second season of Perfect Day. His first English Language Cookbook Kitchen of Light – The New Scandinavian Cooking got rave reviews and is now out in paperback. His second book Where Flavor Was Born follows the spice route around the Indian Ocean, and was a 2008 winner of Gourmand World Cookbook Awards.

Andreas' passion for food is not about making the "right" kind of food, or fancy food, rather about nurturing family, friends – and finding out more about the world we live in. *Courtesy of AndreasViestad.*

Andreas Viestad's Smoked Pulled Pork with Spring Cabbage

<http://www.newscancook.com/recipes-by-chef/smoked-pulled-pork-with-spring-cabbage/>



INGREDIENTS

1 piece of pulled pork, 13 lbs. (6 kg)	1 star anise
5 tbs. caraway	2 tbs. whole cumin
3 tbs. dill seeds	5 tbs. fennel seeds
1 tbs. dried chilli seeds	½ cinnamon stick
2 tbs. beer cider	5 tbs. birch or maple syrup
5 cloves of garlic	10 tbs. salt for the spice mixture and for salting the pork
5 spring cabbages	6 carrots, cut into thin strips
2 cucumbers, cut into thin strips	2 fennel bulbs, cut into thin strips
1 tbs. fresh oregano	1 orange
5 tbs. butter	

We built a smoke box for smoking the pork, but the easiest way to do this is to roast it overnight in an oven, and then smoke it in a kettle grill the following day. In order to achieve the best results, the pork should be salted and placed in a cool place the previous day. Serves 15

PREPARATION:

Rub the salt into the pork and allow it to stand overnight in a cool place.

Using a blender or a mortar, crush the star anise, 2 tablespoons of the caraway, the cumin, fennel seeds, chilli seeds, cinnamon stick, dill seeds, beer vinegar, birch or maple syrup, garlic cloves and 2 tablespoons salt to form a spicy paste. Rub the pork with the spicy paste. Cook the pork on a grid overnight at 170 Fahrenheit (75-80 Celsius). Place a fireproof dish beneath the pork to collect the juices.

Light the grill and place the coals on one side. When the coals are hot, place the pork on the side without the coals and throw on the chips. Check to ensure that the temperature remains at around 250 Fahrenheit (120 Celsius). You need to keep checking the grill to ensure that the temperature does not drop or rise too much. The pork should have a temperature of around 150 Fahrenheit (70 Celsius) when it is ready. When the smoke starts to die down, you should throw on more chips. Continue in this way 2-3 times until you think that the pork has been smoked enough. If the meat looks like it might start to burn, you can protect it from the heat by placing some foil between it and the coals.

In the meantime, you can divide the spring cabbage into 4 large boats, removing the stalk/root. Place the cabbage in a large casserole dish or several small ones. Top with the butter and caraway. Cover with a lid and steam the cabbage for 15 minutes over a medium heat until it is soft and the leaves fall away from each other.

In a bowl, fold the carrots, cucumber and fennel into the juice from the orange, the orange peel and fresh oregano.

Serve the pulled pork with the carrot salad and the spring cabbage.

Extreme Ice Cool Surfing in the Arctic Circle

<http://www.telegraph.co.uk/news/picturegalleries/earth/11576889/Chill-out-Extreme-ice-cool-surfing-in-the-Arctic-Circle-in-pictures.html#?frame=3288268>

Brave surfers from around the world come to ride the chilly Atlantic swell of Unstad beach in the Lofoten Islands in Norland, Norway. Surfing in the Lofoten Islands started in the early 60s and the water temperature ranges between a cold 5 degrees C in the winter to a balmy 11 degrees C in the summer.



Cleng Peerson, “Father of Norwegian Immigration to America”

<http://clengpeersoncabin.com/>



My daughter’s host father from Haugesund, Norway brought the story of Cleng Peerson and his farm in Clifton, Texas to my attention. December 16, 2015 was the 150th anniversary of Peerson’s death, and in commemoration a delegation from Tysvaer, led by that town’s mayor, visited Clifton...

“The CP Farm, where Cleng Peerson lived his last years, is located at 736 Bosque County Road 4230 in the Norse Country area of Bosque County, Texas, near the town of Clifton – “The Norwegian capitol of Texas.” The property was listed in the National Register of Historical Places in November 2015.

Clen Peerson, whose dedication to bringing families from Norway to America earned the title of “Father of Norwegian Immigration to America,” was officially deeded the property by the State of Texas in 1856. But, according to his own petition, he had lived upon the property since 1854. In 1859 he, in turn, gave half the property to Ovee Colwick (Ove Kjølvg from Jelsa, near Stavanger, Norway) on the condition that the Colwick family should give him a place to live out the remainder of his days. The property remained in the Colwick family for nearly a century thereafter, and several other owners followed.

Today the name “CP Farm” has been chosen to give a double meaning: “CP” is an abbreviation both for “Clen Peerson” and “Colwick-Peerson.”

The CP Farm is now owned by a Norwegian family from Tysvær. The new owners, Thomas Mannes and Eldbjørg Djonne-Stuve and their three children, live only a few miles from where Cleng Peerson was born and raised. They have now followed in Cleng Peerson’s footsteps to Texas. In 2012, this Norwegian family visited Clifton, Texas for the first time. As they toured the nearby Norse Historical District, they were shown the property where Cleng Peerson had lived. On the day that the Mannes family first saw the land, Cleng Peerson’s old cabin was still standing, and remnants of an earlier, larger home could be seen next to it.

Later that year, after Thomas and Eldbjørg had returned home to Norway, a delegation from Clifton, Texas visited Tysvær, Norway; and a discussion took place about a possible collaboration between Clifton and Tysvær. During that conversation, it was mentioned that the land where Cleng Peerson’s cabin still stands was for sale. Following this, the Mannes family checked on the possibility of purchasing the property, and later that year they closed the deal. Through the efforts of the Norwegian family which owns the CP Farm, this property is now registered in the National Registry of Historical Places and is available to the public.

Lillehammer's 2016 Youth Olympic Games

<http://www.olympic.org/news/young-athletes-share-their-love-of-sport-as-lillehammer-2016-gets-off-to-a-spectacular-start/248050>



2/12/2016

The Opening Ceremony of Lillehammer 2016 got the second edition of the Winter Youth Olympic Games off to a spectacular start tonight at the Lyngådsbakkene Ski Jumping Arena, the same venue that hosted the Opening Ceremony of the Olympic Winter Games in Lillehammer in 1994.

In a nod to Lillehammer's Olympic past, as well as to the youth and future, the YOG cauldron was lit by HRH Princess Ingrid Alexandra of Norway. Exactly 22 years ago to the day, the 12-year-old Princess's father, HRH Crown Prince Haakon, lit the same cauldron in 1994 to kick off Lillehammer's first Olympic Games.

International Olympic Committee (IOC) President Thomas Bach addressed the athletes taking part in Lillehammer 2016 directly, saying: "These Games will be about your love for sport. They will also be about learning and sharing and about making new friends. This is what the Youth Olympic Games are all about: bringing young athletes together from all around the world to enjoy competition and friendship."

The vision of the Youth Olympic Games is to inspire young people around the world to participate in sport and live by the Olympic values. As such, President Bach called on five of the athletes – Rachel Elizabeth Olivier (RSA), Kai Xiang Chew (MAS), Julia Moore (AUS), Britta Sillaots (EST) and Justine Brasseur (CAN) – to describe what the Youth Olympic Games mean to them, inviting them to share their feelings with the world using the hashtag #iLoveYOG.

The #iLoveYOG campaign has already been a resounding success, with thousands of athlete and fan photo contributions since the campaign launched. These images are being collated to make the largest photo mosaic in Youth Olympic history to be revealed at the closing of the Games. Fans can follow the campaign at www.olympic.org/iloveyog.

The Opening Ceremony, which was directed by 34-year-old Sigrid Strøm Reibo, marks the start of 10 competition days for the 1,100 young athletes from 71 National Olympic Committees taking part in Lillehammer 2016. It tells the story of the journey of a young boy from his beginnings as an athlete who lives and loves for the joy that sport brings him.

According to Lillehammer 2016 CEO Tomas Holmestad, the idea behind the ceremony was to “create an inclusive, fun, cool and touching ceremony with a satirical look at Norway and what it means to be Norwegian.” The Opening Ceremony, which was directed by 34-year-old Sigrid Strøm Reibo, marks the start of 10 competition days for the 1,100 young athletes from 71 National Olympic Committees taking part in Lillehammer 2016. It tells the story of the journey of a young boy from his beginnings as an athlete who lives and loves for the joy that sport brings him.

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Message From the District 3 President, Mary Andersen



Focusing on Business

I recently installed the officers of Bondelandet, my lodge. Part of the closing words of the installation ceremony are, *"The officers alone cannot make this lodge successful. They will need your assistance in everything..."*. These words ring true both at the local lodge level and at the District lodge level. I looked around the room and thought of how lucky we are to have members who have served many times in officer positions and still actively contribute their time to the lodge.

Many other lodges have recently installed new officers. Your support of your lodge is necessary to keep it alive. The officers cannot do it all themselves.

No doubt about it, the longevity of a lodge depends on its members and their willingness to pitch in and help. Last year we had a number of local lodges with open positions. A lodge will sputter and potentially dissolve without your willingness to contribute your time and talents.

The same is true of the District lodge. The District lodge is made up of the elected delegates from each lodge. The District lodge meeting is held every other year ("the Convention"). While we all enjoy the fraternalism of the Convention, the Convention is the place to set the future direction of the District lodge. Resolutions will be put forth which affect the future governance of the District lodge, your District lodge.

Each delegate to the District lodge meeting should become familiar with proposed resolutions. The duty of the delegate is to vote his/her lodge's position on each resolution. While we may not all agree on everything, an open discussion of issues with fellow lodge members will only make us stronger. This is a great way to learn new ideas, rethink your own ideas into workable outcomes and reach solutions that everyone can benefit from. Don't hesitate to voice your opinion at your lodge meeting and at your Zone caucus if you are a delegate.

We have a great District comprised of smart, caring members. Jump on board our Viking ship and help set the course for the future! I see great things for us!

Vinterhilsen,

Mary

Find out more about Sons of Norway!

Sons of Norway Website:

<http://www.sofn.com/home/>

Facebook:

<http://www.facebook.com/groups/SonsofNorway/>

Twitter:

<http://twitter.com/#!/SonsofNorway>

LinkedIn:

<http://www.linkedin.com/company/2080826>

Sons of Norway Blog:

<http://www.sonsofnorwayblog.blogspot.com>

... and here are some informative Genealogy Websites!

<http://homepages.rootsweb.ancestry.com/~norway/>

A comprehensive list of sites related to Norwegian-American genealogy.

<http://www.nndata.no/home/jborgos/register.htm>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

<http://www.nb.no>

The National Library of Norway, including Norwegian newspapers.

<http://www.emigrationcenter.com/index.cfm>

The Norwegian Emigration and Genealogy Center

<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses.

<http://home.online.no/~cfscheel/index.htm>

List of Norwegian local histories, dictionary, calendar, and more

http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html

Search amongst 16,000 documents from Norway during the period 1050 – 1590.

