



# North Carolina Vikings



November, 2015

Sons of Norway / Vol. 8, No. 9/ NC Vikings Lodge 3-675

## Lodge Officers 2015-2016

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## President's Message

*Hei alle sammen!*

Hvis du ikke kan gjøre det til møtet, har en fornøyd Thanksgiving!!

We had a good turnout for October's meeting – we saw an outstanding video about an incredible survival of a Norwegian soldier during WWII. Bound for the coast of Nazi-occupied Norway, a team of 12 expatriate Norwegian commandos disguised as fisherman was betrayed by Nazi sympathizers. German soldiers ambushed the platoon and only one man survived--Jan Baalsrud--and this video is his story of fortitude against incredible odds. We also had the election of lodge officers for 2016:

- |                        |                              |
|------------------------|------------------------------|
| • Vice President       | Michael Tilder               |
| • Secretary            | Chris Christiansen           |
| • Treasurer            | Kjell Ottesen                |
| • Membership Secretary | Frank Bell                   |
| • Social Chairperson   | Kari Crenshaw & Martha Arnum |
| • Editor               | Jennifer Axness              |

We will have a booth at the 19th annual Scandinavian Christmas Fair on Saturday, Dec. 5<sup>th</sup>. We are certainly hoping you will come to the fair, visit and partake of the items our booth has to offer, and enjoy the many booths and shows.

Remember that we will celebrate the Christmas holiday with a night of food, festivities and friendship on Saturday, December 19<sup>th</sup>. This will be a special event and I really hope you will bring all your family. It will begin with dinner at 3:00 PM and afterward we will gather around the Juletre to sing, dance. The dinner will be potluck and I hope that y'all will be able to create and bring delicious. I will send the invitation separately by email to you. Come and enjoy the festivities.

The Sons of Norway is about all of us - being able to give while sharing it with others.

We can continue to be a prosperous lodge as long as we continue to have your participation. So please, step up and get involved.

Fraternally,  
Mike Tilder, President  
North Carolina Vikings Lodge 3-675

## Upcoming Vikings Lodge Programs and Lodge Meetings

Meetings will be held Underwood Hall at Good Shepherd Lutheran Church (7000 Creedmoor Road, Raleigh, NC 27613) unless noted otherwise.

Upcoming Events –

December 5th	Scandinavian Christmas Fair (Saturday)	10am – 5pm
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December 19 <sup>th</sup>	Juletrefest (Saturday)	3pm – 5pm
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### Scandinavian Christmas Fair

The Scandinavian Christmas Fair will be held on Saturday, December 5<sup>th</sup> from 10:00 AM to 5:00 PM. If willing to volunteer, please contact Mike Tilder at [919-460-9214](tel:919-460-9214) or [mmtilder@twc.com](mailto:mmtilder@twc.com)



### Help Plan a Meeting

Can you invite a professional or line up an expert or even fun person to help us with cultural programs at our lodge meetings? Call Mike Tilder at 919-460-9214 to pick a month or activity you can line up for the lodge!

### November Birthdays

Karen Kvam	11/4	Erin Nickelson	11/25
Harry Iverson	11/4	Judy Vanhoozier	11/25
John Myhre	11/23		

### Items for the Newsletter

Don't forget – if you've got an announcement, would like to pass on some information or just something interesting to share with the group, please email Mike Tilder at [mmtilder@twc.com](mailto:mmtilder@twc.com).  
Member Announcement

# Charitable Trust

Submitted by Kathy Dollymore, 3D Counselor

One of the major questions people have regarding estate planning is **how to avoid taxes** and other costs that would diminish the size of their estate. While there are several ways to avoid state and federal estate taxes, one way is through a charitable trust. You can make a difference in our Third District Community for years to come by remembering the Charitable Trust in your estate planning. Planned giving allows you to achieve a number of goals simultaneously through a variety of deferred giving arrangements. You can meet your current needs and make provisions for your family members, while also minimizing your estate's tax burden. You can make a future commitment to the 3D Charitable Trust without losing access to your assets in the present. Ultimately, planned giving can provide you with opportunities to make the most of your assets, both now and in the future.

The most common form of planned giving is a bequest from a donor's will. A bequest is simple to implement and offers you flexibility in your planning. Bequests can take several forms, usually designating a specific property, amount of money or percent of your estate that you want the Charitable Trust to receive. Charitable gifts made through a will are fully tax deductible; no federal estate tax or state inheritance tax applies to such gifts.

Talk to your estate planner and remember the Charitable Trust. The Charitable Trust needs your help. If every member of the Third District gave **\$2.50 A YEAR - YES, I SAID A YEAR** we would have enough to significantly help our beneficiaries in their time of need. Can you find it in your heart at this giving time of year and support YOUR Charitable Trust, the shining star in our District? I invite you to mail in the form and share in the success of the Charitable Trust.

Donations: Lodge \_\_\_\_ or Individual Donation \_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

Amount \$ \_\_\_\_\_ CIRCLE ONE: Lodge Gift - Memorial Gift - In Honor of – Dedicated to - Congratulations to  
Name: \_\_\_\_\_ Acknowledgement to be sent to:

Name \_\_\_\_\_ Address \_\_\_\_\_

Checks: Payable to -- District Lodge No. 3 Charitable Trust Mail to ---Counselor Katherine Dollymore - 1015 Edgerton Rd. - Secane, PA 19018-2905

Charitable trust is a 501(c)(3) Non-Profit - All donations are tax deductible on federal and state returns to the fullest extent of the law

Kathy Dollymore, 1015 Edgerton Rd, Secane, Pa 19018, [610-626-2260](tel:610-626-2260), [kdollymore@aol.com](mailto:kdollymore@aol.com),, 3D Counselor

## Gingerbread Town (Pepperkakebyen), Bergen

<http://www.visitbergen.com/en/events/Gingerbread-Town/>



Each year Bergen hosts the world's largest Gingerbread City. Since 1991 schools, businesses and thousands of individuals have contributed. Located in the center of Bergen – a former public swimming pool arena called Sentralbadet – Gingerbread Town is open will be open from now through New Year's Eve.

## Nobel Peace Prize Ceremony

<http://www.nobelprize.org/ceremonies/>



The Nobel Laureates take center stage in Stockholm on 10 December, when they receive the Nobel Medal, Nobel Diploma and a document confirming the Nobel Prize amount from King Carl XVI Gustaf of Sweden.

In Oslo, the Nobel Peace Prize Laureates receive their Nobel Peace Prize from the Chairman of the Norwegian Nobel Committee in the presence of King Harald V of Norway. An important part is the presentation of the Nobel Lectures by the Nobel Laureates. In Stockholm, the lectures are presented days before the Nobel Prize Award Ceremony. In Oslo, the Nobel Laureates deliver their lectures during the Nobel Peace Prize Award Ceremony.

Read more about this year's Nobel Peace Prize winners - Tunisia's National Dialogue Quartet – at <http://www.npr.org/sections/thetwo-way/2015/10/09/447110303/2015-nobel-peace-prize-goes-to-tunisian-quartet-of-mediators>.



## Winter in the Lofoten Islands

<http://www.visitnorway.com/us/where-to-go-us/northern-norway/lofoten/activities-and-culture/winter-in-lofoten/>

Read about some of the compelling reasons to visit Norway's Lofoten Islands during the long winter months. Not only should you be lucky enough to view the magnificent Northern Lights across the night sky, but you'll get to experience life in Lofoten during a time when tourists have for the most part vacated the area.

Here you'll have opportunities to dive and snorkel (wet suit required, I'm SURE), kayak, fish and learn more about the historical impact of fishing in this area at any of a variety of museums, go whale watching, sleep in a traditional fishing cabin called a 'rorbu' (see image below), snowshoe and ski, and visit the living museum of Borg to experience the Viking Era as it really was.

The main islands of the Lofotens - Austvågøy, Vestvågøy, Flakstadøy and Moskenesøy - are separated from the mainland by Vestfjorden, but all are connected by road bridges and tunnels, making getting around the archipelago very easy.

Although well above the Arctic Circle, these islands enjoy a fairly mild climate due to the circulation of the Gulf Stream; temperatures in the winter hover around freezing in winter. The sun does not rise in the Lofotens from December 10<sup>th</sup> or so until early January.

The Lofotens' are navigable by car (on some very windy roads), bus, boat and ferry, of course, and by bicycle (many bicycle paths and a few cycle lanes on the main roads). Hitchhiking in the Lofotens is common and considered to be very safe.

Read more: <http://www.lonelyplanet.com/norway/northern-norway/lofoten#ixzz3stGEDxjz>



## The Norwegian Forest Cat

A friend of mine recently showed me a picture of a large cat that a relative owned, called a Norwegian Forest cat. I had never heard of the breed, and did a little research on PetMD....

“As its name suggests, this breed originated in Norway. The Norsk Skogkatt (Norse for Norwegian Forest Cat) appears to have come out of the Scandinavian forests thousands of years ago, corroborated by all the large, long-haired cats found in Norse mythology. Some accounts even put the cat on the boat of Leif Erikson, a famous Viking explorer, as his traveling companion and as pest control.

These tough cats managed to survive the extreme climate of Norway, a land where the sun does not set from mid-May until August, and where winter nights are long and bitterly cold. Because of this they developed long, dense, water-resistant coats, hardy constitutions, quick wits, and well-honed survival instincts.

During the 1930s, an attempt was made to get the Norwegian Forest Cat breed recognized. The first Norwegian Cat club was established in 1934, and the first Forest Cat was exhibited at a show in Oslo, Norway. However, the destruction of World War II nearly led to the annihilation of the breed, and crossbreeding with Norway's shorthaired domestic cat (called the hauskatt) threatened to dilute its bloodlines. After the war, Norway's cat fanciers began a breeding program. And with a new sense of resiliency, the Forest Cat was named the official cat of Norway by the late King Olaf.

In 1980, the Forest Cat was introduced to the United States, thanks in part to the newly established Norwegian Forest Cat Fanciers' Association, a small group hoping to get this breed officially recognized. The International Cat Association was the first to recognize the breed, accepting the Forest Cat for Championship competition in 1984. The breed later attained championship status for the Cat Fanciers Association in 1993, and for the American Cat Association in 1995.

Its body shape and double coat are what makes this cat so unique. This dense and long-flowing hair provides excellent protection in the winter. The Norwegian Forest Cat's well-balanced body structure, equilateral triangle-shaped head and bright emerald green eyes (with a band of gold) also gives it an aura of mystery, while its broad chest and well-developed muscles display the cat's power and strength. During spring, it molts its heavy winter coat and dons a lighter one. In the fall, the cat will again molt and shed its summer coat.”



# King Oscar Sardines

(Thanks to the November District 3 Newsletter)



"Norway started to export their canned fish in 1880. Americans were first introduced to Norway's smoked sardines at the World Exhibition at Chicago in 1893. In 1902, one of Norway's leading canning companies was given special royal permission from King Oscar II, ruler of both Norway and Sweden, to use his name and face on their sardine products. He ruled both countries from 1872 to 1905. In 1905, he granted independence to Norway. King Oscar died in 1907 at the age of 78.

"King Oscar" to this day is still the only brand in Norway with "royal permission." King Oscar AS is now owned by Thai Group. Production headquarters are located in Bergen, Norway and there are facilities in Svolvær, Norway and Gniewino, Poland. The fish for King Oscar are caught in Norwegian fjords, the North Sea and other waters around the world. All of their fishing vessels follow ocean friendly and dolphin safe fishing methods."

Recipe:

## **Sardinpålegg (Sardine Spread)**

From "Authentic Norwegian Cooking" by Astrid Karlsen Scott

2 cans 3 ½ oz. Norwegian sardines in oil, drained  
4 oz. light cream cheese, softened  
½ cup celery, chopped  
¼ cup red onion, chopped  
3 Tbsp. fresh dill, chopped or 1 Tbsp. dill weed, dry  
3 Tbsp. horseradish, prepared  
2 Tbsp. yellow mustard, prepared  
Assorted crackers or bite-sized bread

*Horseradish & mustard blended with delicate sardines from Norway gives this creamy spread its snappy flavor!*

Combine all ingredients, except crackers or bread, with a fork, blend thoroughly. Serve mounded in a bowl or in red and/or green pepper halves. Surround with crackers. Can be prepared and refrigerated up to 2 days ahead. **Makes 2 cups.**

## Message From the District 3 President, Mary Andersen



### *If you don't do it, who will?*

It's that time of year when we begin thinking about lodge officer positions. We get comfortable and it becomes too easy to say "they" will do it or "she always does that for us". Many of our members have "been there, done that" a few times! If you haven't held a lodge position, why not? Lodges don't run on their own. Often times, it is a core group of people who year after year take care of everything. It is time to give them a break!

Why should you become a lodge officer? You learn a lot about Sons of Norway when you are elected to an officer position, including:

- How a lodge is run
- Where the lodge gets its funds from
- What is involved in planning an activity
- How the lodge relates to the District, and...
- All the various forms (no fun, but necessary).

More importantly, you learn to connect with your fellow members both within your lodge and your Zone. Yes, it does involve some work, but the rewards are many, ask a current or former officer.

There is also a feeling of accomplishment for a job well done and that is priceless. There may be times when you will pull your hair out trying to find volunteers to help on a lodge event, but guess what, you always will and the event will run smoothly. Don't be afraid to step out of your comfort zone, you will be happy you did.

After all, if you don't do it, **who** will?

Høsthilsen  
Mary



## ***Find out more about Sons of Norway!***

Sons of Norway Website:

<http://www.sofn.com/home/>

Facebook:

<http://www.facebook.com/groups/SonsofNorway/>

Twitter:

<http://twitter.com/#!/SonsofNorway>

LinkedIn:

<http://www.linkedin.com/company/2080826>

Sons of Norway Blog:

<http://www.sonsofnorwayblog.blogspot.com>

## ***... and here are some informative Genealogy Websites!***

<http://homepages.rootsweb.ancestry.com/~norway/>

A comprehensive list of sites related to Norwegian-American genealogy.

<http://www.nndata.no/home/jborgos/register.htm>

Oldest church registers in Norwegian Parishes. Shows the year in which different parishes began keeping church records.

<http://www.cyndislist.com/norway/>

List of sites related to Norwegian-American genealogy

<http://www.nb.no>

The National Library of Norway, including Norwegian newspapers.

<http://www.emigrationcenter.com/index.cfm>

The Norwegian Emigration and Genealogy Center

<http://digitalarkivet.uib.no/cgi-win/WebFront.exe?slag=vis&tekst=meldingar&spraak=e>

Norwegian National Archive. Includes the 1660, 1801, 1865 and 1900 censuses.

<http://home.online.no/~cfscheel/index.htm>

List of Norwegian local histories, dictionary, calendar, and more

[http://www.dokpro.uio.no/dipl\\_norv/diplom\\_field\\_eng.html](http://www.dokpro.uio.no/dipl_norv/diplom_field_eng.html)

Search amongst 16,000 documents from Norway during the period 1050 – 1590.

